



# The Legends Junior Corner

**“Attitude would always win out over ability.” - Bob Rotella**

“Scientists have recently determined that it takes approximately 400 repetitions to create a new synapse in the brain - unless it is done with PLAY, in which case, it takes between 10-20 repetitions.”

- Dr. Karyn Purvis

## From the Pro

By Crystal Morse, PGA Head Professional

Welcome to the first edition of The Legends Junior Corner - a monthly Newsletter about everything Junior Golf at The Legends! My goal in creating this publication is to provide everyone with valuable information, resources, upcoming events and great accomplishments from Junior Golfers at The Legends.

To learn more about me, my experience and training and philosophy when it comes to junior golf, you can read my bio at the end of this publication.

As the golf season gets underway, I want to highlight the accomplishments of our junior golfers that play at The Legends and are involved in our programs - no matter how big or small! But I will need your help parents - please e-mail me at [crystal@thelegendsgolfclub.com](mailto:crystal@thelegendsgolfclub.com) with any and all tournament results and accomplishments so I can put them in our monthly newsletter. Enjoy the read and happy golfing!

## Tournament Resources

If you are looking to get your junior signed up for competition this summer there are three main resources for city/statewide competition:

- Indiana Golf Association:  
[www.indianagolf.org](http://www.indianagolf.org) and click on the Juniors tab for tournament info. These tournaments are played all over the state.
- Indianapolis Jr Golf Foundation:  
[www.indyjrgolf.com](http://www.indyjrgolf.com). These are played at city courses within the city of Indianapolis.
- US Kids Local Tour:  
[www.uskidsgolf.com](http://www.uskidsgolf.com) and click on the Tournaments Tab. Indianapolis does have a Spring, Summer and Fall Tour.

For the junior who is looking for Regional Competition, I would look into the:

Golfweek Junior Tour and  
AJGA

## PGA Jr League Success

2018 marked a new era for PGA Jr League at The Legends. Due to the growth of our Junior Programs, we were encouraged by the regional director to start our own League and it turned out to have many benefits!



The main benefits of hosting our own league include:

- The ability to provide parents with a season schedule well ahead of time so they can plan for the summer.
- Reduced travel time for families since all of our practices and matches are at The Legends.
- The flexibility to set our own rules and guidelines, keeping in line with the nature of PGA Jr League.

Our 2018 season wrapped up with The Legends All-Star Team winning the South Qualifier and advancing to the final day of state competition where we finished 3rd in the entire state! It was a memorable experience for everyone.

Now we come to 2019! I am thrilled at the response for our league going into this year. We have made some modifications with the parents and players in mind and we have added a 6U Team which will offer a fun introduction for the youngest of golfers.

Our 13U Team is FULL for the year, however, if you missed out on our summer league, you have another opportunity in the fall! New this year, we will be offering a fall PGA Jr League that will run from August-October. The only difference will be the fact that there is no post-season tournament. This will be a great option for those looking for a fall golf experience, look for registration to open in July.

I truly believe that PGA Jr League is a must-have program for complete Junior Golf Development - it encourages kids to adopt positive team unity, sportsmanship, leadership skills and many more traits that will be useful as they get older and especially useful if they choose to play middle or high



## Parent Tip: Handling Expectations

"Character can win without results, but the reverse does not hold true."

Golf is a sport that can teach our children life long values. If we can focus our efforts on skill and character development rather than results, success is bound to happen.

### 9 Core Values of Golf

- Honesty
- Integrity
- Sportsmanship
- Respect
- Confidence
- Responsibility
- Perseverance
- Courtesy

Not only do I have experience in junior golf, I am now a parent myself and enjoy watching my son learn the game. I have done extensive research and go through continual certifications to learn about youth player development as it pertains to golf.

Through coaching young players from 5 year olds to High School players - I have seen a common thread that often leads to anxiety, frustration and lack of desire on the part of the player and it can really be summarized in one word: Expectations. Now, I firmly believe that a parent needs to set high expectations for their children - however, where I see this go wrong is that the expectations are focused on results and they are often too long term. What do I mean by this? I would encourage you to consider focusing your expectations on effort and skill development rather than shooting a certain score. Golf is a great sport to teach patience, integrity and overall good sportsmanship - try not to lose the importance of these values when watching your child progress through their golf journey. Speaking long term, College Scholarships are definitely attainable, however, I would refrain from putting that expectation on your child. I have witnessed first hand, this expectation takes the joy out of the game and they end up playing out of obligation and rather than enjoyment.

If you have not done this yet, I would strongly encourage that you go through a simple exercise to understand your child's goals and expectations going into the season and, in turn, understand your expectations as a parent. The more that these two can line up with each other, the smoother the ride will be for both of you.

How can you go about this in a productive way? Very simple, take two sheets of paper - at the top of the first sheet write the question: What are your golf goals and expectations for 2019? Give that sheet to your child. On top of the second sheet write the question: What are my goals and expectations for my child's golf game in 2019? Putting this in writing and sharing it with each other will help to eliminate a lot of frustration and disappointment, assuming that you, as a parent, are willing to better align your expectations with your child's.

I'll leave you with this statistic: Out of the 148,823 high school boys golfers in the United States, only **5.8%** will play some level of NCAA golf. For the 72,582 high school girls golfers, the percentage is **7.2%**.

This is just a small reminder to enjoy the journey with them and think of golf as a game for life.

## *Hours of Operation and Contact Info*

The Golf Shop Hours when the course is not open are Monday-Friday from 9am-4pm.

Golf Shop: 317-736-8186

Crystal Morse

PGA Head Professional

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## Coming Up

### *New Rules of Golf Seminar*

Join us on Thursday, March 14th to learn about the New Rules of Golf for 2019. The Legendary Food Truck will be onsite serving food for purchase from 5pm-6:20pm.

The Rules Seminar will be put on by Mike David and staff from the Indiana Golf Office. This is a free event and open to anyone! Please send us a quick note or give us call if you plan on ordering food before the meeting.

### *First Tee/Girls Golf Clinic Series*

Running for six consecutive Thursdays starting on April 18th. Clinics will run from 6:00-7:15pm each Thursday at The Legends driving range. \$60 for the entire series.



AT THE LEGENDS  
GOLF CLUB, IN

Sign up by contacting Crystal at [crystal@thelegendsgolfclub.com](mailto:crystal@thelegendsgolfclub.com) or visiting [www.indianagolf.org](http://www.indianagolf.org) and clicking on the First Tee tab.

### *Junior Golf Clubfitting and Kickoff Event*

Sunday, April 28th from 1pm-3pm at The Legends driving range. Make sure your junior is stocked for the season! We will be offering club fitting from three separate companies and you will have the chance to stock up on accessories for the season.

### *Johnson County Summer League*

This is open to any middle school and high school golfer looking for a weekly playing opportunity in the summer! League play will be for 6 weeks starting the first Wednesday in June. Tee times will begin at 5:30 - must sign up in advance each week! I will be providing a link to registration to those interested.

### *Clinics*

Small group clinics (up to 4 players) will be offered on Saturdays in April. I will be using Operation36 programming and inviting all participants to download the mobile app to track progress and goals.

## Crystal's Bio

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Crystal played junior golf in Indiana, graduating from Center Grove High School in 1998 and moving onto play college golf at Western Kentucky University on a golf scholarship.

She entered the PGA program after graduating College and was elected to PGA membership in 2009. Since then, she has gained valuable experience at private and public golf courses and has found her true passion for growing the game of golf.

Crystal is a LPGA\*USGA Girls Golf Site Director, US Kids Certified Coach, TPI Level 1 Certified and is joined in with the Operation 36 Player Development community to promote long term growth of the game. She has also recently gone through the PGA Coach Certification program to better understand and learn about youth development as it pertains to golf.

Crystal's teaching and coaching philosophy is centered around overall skill and character development. Especially with the younger child, skills will be developed using techniques that promote fun and enjoyment and core values will be instilled, such as honesty and respect. With more experienced players, the focus is still on skill development rather than results - with the belief that if fundamental skills can be mastered, results will follow.